

SMSC Sharkwave Newsletter
Website: <http://business.planetcable.net/smsc/>
November 28, 2006

Practice times this week

Sand sharks: Tu/Th 6-7 PM

Hammerheads and Tiger Sharks: M/W/F 6-7 PM

Makos: M/W/F 6-8 PM Tu/Th 7-8 PM

Great Whites: Monday-Friday 6-8 PM.

Make up times for those Hammerheads and Tigers that may miss a night are:

Hammerheads Tu/Th 6-7 and Tigers Tu/Th 7-8

If you have any questions about the practice schedule or group assignments, please feel free to ask a member of the coaching staff. Please note that starting next week, high school swim meets start and affect some practice times. Refer to the calendar for practice times.

Announcements:

Meet Sign up for Sea Lions Meet: The sign up sheet for the Sea Lions meet on Dec 9th will be posted on deck. Please sign up so the coaches know who will be swimming to make the lineup.

Coach Sara would like to remind all of our swimmers that they should bring a hat and jacket to wear outside after practice. Now that the weather is getting colder, we want to minimize the illnesses on the team. Also, there seems to be a lot of swimmers getting cramps at practices, the coaches have suggested eating bananas to help with this.

Purple-Gold Meet:

Thanks to all who participated in the purple gold meet, both swimmers and parent volunteers. There were a lot of good times and many kids got to try new events. There were 147 new/improved times and these are posted on the wall between the locker rooms.

Meet Director

Lisa Webber would like to thank those who helped at the purple gold meet. She will be looking for parents to help with the meet on Dec 9th, so if you have a preference please contact her to sign up.. If anyone has questions regarding volunteering at the meets, please feel free to contact Lisa at ltwebber@earthlink.net or 249-9028.

Parent Volunteers are essential for running these meets so please come out and help.

Team Suits:

The team suits have arrived and Lisa Barnes will have them at practice the rest of this week for distribution. Please see Lisa to pick up your team suit if you ordered one. The

company sent an extra size 28 male jammer. If anyone is interested, please let us know this week before we return it.

Team Caps:

Team caps have been ordered and will be available for purchase (\$10) after they arrive. They are to be purple with yellow lettering.

Holiday Merchandise Sale

During the week of December 4th, we will be setting up a table upstairs for anyone interested in purchasing SMSC teamwear or swimming accessories for the holidays for their swimmers. Please stop by and check out the selection.

Committee Reports

Concession Stand: Barb Brinton has posted the sign up sheet for items to be brought for the home meet concession stand. It is on the bulletin board on deck, please sign up for an item. If you signed up for one of the items that is for the whole season, you may start bringing them to the pool starting December 4th.

Fund Raising: The hot dog sale at Wal-Mart was a success and the club made \$520 after expenses. Thank you so much to the parents and swimmers who came out to help and made this event a success. Also, a big thanks to those who brought baked goods for the sale.

Divisionals: George Dolan has formed a divisional meet committee and the first meeting will be next week. George will be contacting committee members. If you have any questions, please email George at threedolans@earthlink.net or let see him at practice.

SMSC Teamwear:

Throughout the season, SMSC will have caps, goggles, and assorted clothing available for purchase. If you are interested, please see a board member at the pool.

Locker Room Precautions:

The locker rooms can not always be monitored by parents and coaches, so we ask that you remind your swimmers of proper locker room etiquette. Horseplay will not be tolerated in the locker rooms. Swimmers are encouraged not to share personal items such as towels, brushes etc. If swimmers forget towels, they can ask for one from the school stockpile instead of sharing. Swimmers should check to be sure they have their caps, goggles, etc before leaving. Items left behind are placed in the lost and found if located by a member of the coaching staff.

We have had several instances of the showers being left on by the last ones to use them. Please turn of the showers when you are done.

As always, if you have any questions, concerns, etc, please feel free to contact myself or any board member and we will be glad to help.