

**SMSC Sharkwave Newsletter**  
**Website: <http://business.planetcable.net/smsc/>**  
**October 22, 2006**

**Announcements:**

**Regular Practice schedules to begin October 23:** Now that swimmer evaluations and group assignments are done, there will be a regular practice schedule for the different groups. The Sandsharks will practice Tuesday and Thursday from 6-7 PM, Hammerheads and Tiger Sharks will be on Monday, Wednesday, and Friday from 6-7 PM, and the Makos and Great Whites will be Monday-Friday from 6-8 PM. We realize that there are always going to be conflicts with the practice schedule and do our best as a team to work with these conflicts.

Along with this newsletter, you should have received a pdf file with the group assignments for the swimmers. If your child is not listed here, it is likely that the coaches personally advised them of their group assignments. If they are not sure, please ask a member of the coaching staff this week at practice. Please remember, that these group assignments can change as the season goes on based on swimmer advancement and achievement.

**SMSC Registration:**

For those of you that have not yet registered, please do so by contacting SM Parks and Recreation at 258-4441, stopping by the Parks and Rec office at the township building, or signing up at practice by talking to a board member.

**Team Suit Try-Ons:**

For those of you interested in purchasing a team suit this season, Lisa Barnes will have the try on suits available at practice for the next couple of weeks. It is best to try the suits on before practice while the swimmers are dry and please note that the try on suits need to be returned to the vendor so all tags must remain intact. Team suits are not required for the swimmers to compete. Lisa will have details on purchase price etc.

**Parents Association Meeting:**

We are planning on having a SMSC Parents Association meeting on Thursday November 2<sup>nd</sup> during practice. It will be held in the high school somewhere and the location will be posted when assigned. We will be discussing the upcoming season, answering any questions from the parents, looking for committee chairpersons, etc. If you have any questions, please see an officer.

**Stroke and Turn Clinics:**

CPAL requires that the stroke and turn judges used during dual meets complete a 2 hour training class each season. The closest classes this season are at Big Spring on Sat 10/28 from 9-11 AM and at Mechanicsburg on Tues 11/28 from 7-9 PM. If you are interested in attending one of these clinics, please let me know at [danagossert@comcast.net](mailto:danagossert@comcast.net) which session you would like to attend so I can provide a count to the host. Stroke and turn

judges are a vital part of running a swim meet and helping the swimmers improve their strokes. If you have any questions about this please feel free to ask.

**SMSC Teamwear:**

Throughout the season, SMSC will have caps, goggles, and assorted clothing available for purchase. If you are interested, please see a board member at the pool. We are planning on having silicon team caps available before the first meet as well. Look for an announcement when they come in.

**Forms:**

During the first week, we attempted to distribute informational packets to all the parents/swimmers. In the packet were a picture release form and a swimmer pledge form. If you have returned them already, thank you. If you have not, it would be appreciated if you could turn them in this week. If you need a copy of the SMSC team handbook, it is available on our website listed above. If you do not have access to the web, let us know and a hard copy can be provided.

**Locker Room Precautions:**

The locker rooms can not always be monitored by parents and coaches, so we ask that you remind your swimmers of proper locker room etiquette. Horseplay will not be tolerated in the locker rooms. Swimmers are encouraged not to share personal items such as towels, brushes etc. If swimmers forget towels, they can ask for one from the school stockpile instead of sharing. Swimmers should check to be sure they have their caps, goggles, etc before leaving. Items left behind are placed in the lost and found if located by a member of the coaching staff.

As always, if you have any questions, concerns, etc, please feel free to contact myself or any board member and we will be glad to help.