

**SMSC Sharkwave Newsletter**  
**Website: <http://business.planetcable.net/smsc/>**  
**Week of November 21, 2005, 2005**

**Important Announcements:**

**First Meet of the Season!! This Saturday December 3<sup>rd</sup>. At home versus Lower Paxton.** Swimmers will need to be on deck at 7:45 for an 8 AM warm-up. Lower Paxton will warm-up at 8:30 with a 9 AM start time. Anne Marie Burkett will be looking for parent volunteers to help run the meet. Please be sure to help out so we can have a successful meet. It is important also that all swimmers let the coaches know if they will be attending. **A sign up sheet is posted on the board on deck. Mark whether you will be attending or not. This is very important to the coaches as they try to prepare a lineup. You should be signed up by November 30<sup>th</sup>.**

**Orders for the hoagie and sandwich sale are due back by this Wed November 30<sup>th</sup>.** Please give the forms to Tracy Gossert or place them in my folder in the box on the filing cabinet. For further details, see below under fundraising. Feel free to contact me with any questions.

A quick note about the practice schedules. It is important that parents and swimmer look at the schedules and know what nights they are supposed to be swimming. The coaches put a great deal of time and effort into creating the schedules and workouts. These are tailored to the groups that are scheduled that night. While accommodations can usually be made, this is distracting and time consuming for the coaches. As many of you have noticed, there are activities in the pool both before and after SMSC practice that limit our time in the pool. It is important to limit the distractions for the coaches so that they can get started on time. If you have any questions or issues with the nights you are scheduled, please feel free to contact the coaches and make prior arrangements. I think you will find them to be agreeable to other options when approached in advance. You can also feel free to contact me as well if there are continued scheduling issues and I will address them on your behalf.

Updated practice calendars and rosters are always available on the website. Please note the changes to Friday nights in December and the addition of stroke nights where only one group practices.

**Coaches Corner:**

Coaches Nick and April are excited about the upcoming meet and hope the swimmers are as well. Please remember to sign up on deck so that an accurate lineup can be made. It is important for the coaches to know who will be swimming on Saturday. Thanks and good luck on Saturday.

Stroke practices are being set up for all the groups. Please note the schedule changes for this and only come on your scheduled nights unless **prior** arrangements have been made with the coaching staff. This will help ensure a smooth stroke clinic and allow the coaches to focus. These stroke clinics will be scheduled about once each month.

The December Friday practice schedule is different as well; please take note of your groups start time. Friday practices will include: pool time; deck time and "lecture" time to talk about previous/upcoming meets.

### **Upcoming Events:**

The Frosty Frolic Invitational sign up is posted. It is open to those swimmer 10 years and younger. It will be held on January 8<sup>th</sup> at Elizabethtown College and is hosted by the Elizabethtown Aquatics Club. Registration is limited to the first 200 swimmers so we need to sign up early. There is information posted on deck about the events and costs. Please see Coach April after practice if you have any questions.

### **December's Parents Meeting has not yet been scheduled.**

### **Concessions:**

Ann Masland had a sign up sheet posted for concession stand donations. Thank you to those who have already signed up. If you have not yet signed up for an item, please contact Ann to see what items are still needed. The item you sign up for will be your item for each home meet. The concession stand depends on the donations of the parents to be a success. Ann is also looking for parents to volunteer to work the concession stand during home meets. If you are able to help, please contact Ann to see if she needs help for the first or second half of the meet or set up and/or cleanup crew. It takes parental support to make the concession stand a success for the club. Please see Ann for details or email her at [ampmpa@comcast.net](mailto:ampmpa@comcast.net)

Refrigerator space is limited so please bring your items on Saturday morning unless you have cleared it with Ann ahead of time. Thanks

### **Meet Director**

Ann Marie will be looking for parents to work at the Lower Paxton Meet.

### **Fund Raising**

The hoagie sale fundraiser has begun. If you were unable to pick up an order form at the parents' meeting or the Purple/Gold meet, please pick one up at the pool as soon as possible. Order forms and money are due back by November 30<sup>th</sup>. Subs will be delivered at the pool on Thursday December 8<sup>th</sup> at the start of practice. If you are unable to pick up a form and would like one, please let me know and I can email it to you.

Prize donations for our season long raffle are coming together nicely. We currently have over 15 prizes with the grand prize being a \$100 gift card to Giant. Other prizes include gift cards/certificates to WalMart, Olive Garden, Outback Steakhouse, Damon's, and Cracker Barrel. Thank you to all of the parents who donated their time to help in getting prizes. Tickets will be \$1 each and will be available at the pool. Please feel free to pick some up and sell them to friends and family. The drawing will be held after our last meet in February.

**Lost and Found:**

Taylor Weiss has lost a swimsuit. It has her name written on the tag. If you have located it, please return to Connie.

Kayla Hudgins lost a swimsuit. It is black with a speedo logo. It has her name on the inside. It is believed it was put in the wrong bag in the girl's locker room. If you find it, could you please bring it back to the pool.