

SMSC Sharkwave Newsletter
Website: <http://business.planetcable.net/smsc/>
Week of November 14, 2005, 2005

Important Announcements:

No Practice Thursday November 17th. New Swimmers will be at the Novice Meet at Big Spring. Everyone else enjoy the night off and rest up for Friday's Purple Gold Meet

Purple Gold Meet This Friday starts at 6 PM. Please mark the schedule so the coaches know who is coming.

Updated practice calendars and rosters will be available at on the website and at practice this week. Please note the changes to Friday nights in December and the addition of stroke nights where only one group practices.

SMSC Merchandise: Lisa Barnes will be organizing an order of SMSC Merchandise for the holiday season. Lisa will have order forms available this week. Please look for her at the pool if you are interested.

Boyd's Bears: Coach April is having a Boyd's Bear book party. The book is on the table during practice and is to not be taken home. Orders and money are due by Wednesday Nov 23rd at the latest

Coaches Corner:

Coaches Nick and April would like to thank the parents who stay for practices for their cooperation in sitting upstairs. They have seen a big difference with the kids performance and attention this past week.

The coaches are seeing good things at practice from the swimmers. Strokes are looking good and swimmers are working hard and cooperating with the coaches. Keep up the good work!!

Last Friday, the coaches held the first stroke practice for the Hammerhead group. The coaches were able to get in the water and work closely with the swimmers in this smaller group setting. By the end of the night, many improvements were seen. **Good work, Hammerheads.**

On this same note, stroke practices are being set up for all the groups (Nov 21/22/28). Please note the schedule changes for this and only come on your scheduled nights unless prior arrangements have been made with the coaching staff. This will help ensure a smooth stroke clinic and allow the coaches to focus. These stroke clinics will be scheduled about once each month.

The December Friday practice schedule is different as well; please take note of your groups start time. Friday practices will include: pool time; deck time and "lecture" time to talk about previous/upcoming meets.

Coaches Nick and April would also like to announce that they have asked Victor Elliot to help with the older swimmers. We have quite a large team and Victor's help is greatly appreciated. Please join us in thanking Victor for his generous donation of time to help SMSC.

Please check the calendar for special items each week. This week is a t-shirt.

Upcoming Events:

Purple Gold Intrasquad Meet is re-scheduled for **Friday November 18th** during normal practice hours. We encourage everyone to participate in this especially first time swimmers and parents, as it will give you a feel of how a meet works and the jobs that are available for parents to volunteer for. Please mark the sign up sheet this week on the bulletin board as to whether you can attend.

Novice Night is scheduled for November 17th at Big Spring from 5:30 to 7:00 PM. It is intended for first year swimmers. The goal is to give our newest swimmers the chance to be in a meet situation and get accustomed to competing. Please let Coach April know if your swimmer is interested in attending as she need to provide an approximate count by **Tuesday November 15th**.

Directions to the Big Spring Pool are:

South on I-81 to Plainfield exit (#44). Right onto Rt. 465 North to Route 11. Left onto Route 11 South (at the Sheetz). Go 5.5 miles. Turn right onto Mount Rock Road between Agar's Welding Shop and the Mt. Rock United Methodist Church. Go 3.4 miles to the new high school on the left. As you enter the parking lot area from the first entrance, the pool is located at the far end of the building.

LAC Invitational at Red Lion Natatorium is for swimmers 11 years and older. Information is posted on the bulletin board. Coach Nick is encouraging swimmers to participate. Please see Coach Nick or Dana for registration information. Entries are due to Coach Nick by **November 15th** so we can get them to LAC. Events are \$3/each.

November's Parents Meeting is scheduled for Tuesday November 15th.

Concessions:

Ann Masland has posted a sign up sheet for concession stand donation and it is starting to fill up. Thank you to those who have already signed up. If you have not yet signed up for an item, please sign up as soon as possible. The item you sign up for will be your item for each home meet. The concession stand depends on the donations of the parents to be a success. Ann is also looking for parents to volunteer to work the concession stand during home meets. She has

posted a signup sheet for this as well. It takes parental support to make the concession stand a success for the club. Please see Ann for details or email her at ampmpa@comcast.net

Meet Director

Ann Marie will be looking for parents to work at the Purple Gold Meet. This is an excellent chance for parents to try out the different jobs that need done at a meet and get an idea of what to expect on meet days.

Fund Raising

SMSC was able to raise \$125 from the BonTon's Care to Share event. The coupon books were sold for \$5 donation to the swim club. Thank you to those who participated to make this a success.

Hoagie sale: Details will be provided at the Parents Meeting for the Hoagie sale fundraising event.

Lost and Found:

Taylor Weiss has lost a swimsuit. It has her name written on the tag. If you have located it, please return to Connie.