

sharkwave

South Middleton Swim Club

February 5-12, 2006

SMSC vs EPAC
543 365

Congratulations on your 3rd win of the season putting us at the middle of the division with a 3 win-3 loss record.

Coach Nick and Coach April saw a lot of great swimming and sportsmanship against EPAC. The determination of many of you to strive for that first place ribbon definitely showed. There were 106 new/improved best times...look for these on deck this week. Keep up the hard work as we start to slow things down to get ready for divisionals in two weeks.

PRACTICE

As we start to near the end of the winter season, practices will become less intense and possibly a bit shorter in length. ("Taper")

DRAG ITEMS NEEDED FOR THE REST OF THE SEASON:

8 & under: shorts
9 & 10: shorts, nylons, t-shirt
11-15: shorts, nylons or 2 suits & nylons

SMSC RAFFLE TICKETS

The bottom portion and all monies for the raffle drawing **must be** turned in on Monday, February 6, 2006 at practice. The drawing is to be held on Tuesday night at practice.

Optional Practice

There will be practice on Saturday, February 11 from 9:00am-11:00am for anyone who wishes to come for extra practice on starts, turns or strokes. Please "sign-up" if you wish to come on the paper on the team board this week.

Only **3 days left** to sign up for Divisionals

to be held on Saturday, February 18, 2006. Look for more information on deck or see a coach.

Just a reminder that if you sign up for a relay, you **must be** available for All Stars on Sunday should you qualify.

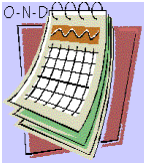
Coach Nick and Coach April would like to see all SMSC swimmers participate!!!

SIGN UP TODAY!

TEAM PARTY

The SMSC team party is to be held on Sunday, February 26, 2006, time to be announced.

We hope that everyone can attend (bathing suits needed) for this exciting celebration of an outstanding season that was full of many changes. There is a sign up to bring in goodies located on deck. Please sign up to bring something.



Mark It Down!!!

- February 6 – Taper begins
- February 10- Parent's Meeting
- February 11 – Practice 9-11 am
- February 11/12 – USS Meet
- February 12 – WSY Invitational
- February 17 – Shaving party
- February 18 – Divisionals
- February 19 – All Stars
- February 26 – Team party!!!



WSY VALENTINE'S INVITATIONAL

For those swimmers who have signed up to participate in this invitational on Sunday, February 12 at Cumberland Valley High School, Coach April would like you at the school no later than 11:30 am to warm up between 12-12:45 pm. The meet will begin at 1:10pm. Good luck to all swimmers!

To all Great White and Mako swimmers, if you still wish to hand in your workouts, you may do so up until Wednesday of this week. See Coach April if you have any questions.

The last
PARENT'S MEETING
of the winter '05-'06 season
will be held on
Friday, February 10
at 6:30 pm.
ALL parents are
encouraged to attend.
Please see an officer if you
have any questions.