

Sharkwave

South Middleton Swim Club

January 9-15, 2005

"Life doesn't require that we be the best,
only that we try our best."

Say Chheessee!

Reminder that team pictures are being held TONIGHT (Jan 9th) at 6:00 pm SHARP! We would like everyone (all 100+ of you) to be present. The team photo will be taken first, followed by individuals. Please wear team suit (if you have one) and look your best. Don't forget your order form and payment as well. See you on deck no later than 5:50 pm please!!

individual results on the deck this week. Thank you to everyone who helped out at the meet and cheered for our team. All swimmers did an AWESOME job! Keep up the good work!

SMSC

VS

CARLISLE YMCA

**Saturday, January 14, 2006
9:00 am**

Warm-ups are at 7:45 am!!

This meet is at our pool!

Please let us know whether you are coming or not no later than Wednesday, January 11, 2006.

Sign-up on the team info board today!
It is very important that we have a HIGH level of participation for the upcoming meets!!!!

The Results
Are In....

SMSC vs Chambersburg
YMCA

368 613

Once again, this was a tough meet. There were many personal best times swam by SMSC and several team meter records were broken. Look for

Parent volunteers will be needed for various jobs. Please see Ann Marie Burkett or an officer if you are interested in helping. Without you, the parents, our meets would not be successful.

Don't forget to bring your concession stand items for our meet on Saturday!!!!

Coaches Corner

The meet went extremely well on Saturday. As you may have noticed, some of you got to swim different events and everyone did a great job! The 8 & under boys came out and won their age group and quite a few meter records were broken...that is awesome!

With only a few meets left in the season, it is VERY important that we have all swimmers participate. It helps out the team a great deal! And yes, if we win, it's your job to get the coaches in the pool, clothes and all!

☺ Now, isn't that a goal to achieve ☺

We would also like to see more swimmers staying for the whole entire meet. Not only to swim relays but to cheer on your teammates. This is part of the sportsmanship rules!

And remember, if you forget and get out of the pool before the event is over, hang out by the block and shakes hands when they get out. We are very proud of the progress that has been going on with everyone and we hope you keep up the good work!



Frosty Frolic Invitational

We had a great time at this invitational. Everyone who participated did an AWESOME job in all of his or her events. See the info board for times and places. Be sure to congratulate our swimmers for a job well done!



Snowflake Splash Invitational



This invitational will be held on Sunday, January 15, 2006 at Cumberland Valley High School's Natatorium for those that have registered. Warm-ups are at 12:15 pm so please be there and ready to get in the pool no later than 11:45 am!

The meet will start at 1:00 pm and should be (on paper) no more than 4 hours. There will be an awards ceremony right after the conclusion of the meet. If you have any questions, please see Coach Nick or Coach April.

WSY 9 & Under Valentine Invitational

Register no later than January 25, 2006.

To be held on Sunday, February 12, 2006 at 1:00 pm at Cumberland Valley High School Natatorium. This invitational is open to all swimmers who are 9 years old or



Practice Schedule

younger as of December 1, 2005. There is a \$3.25 fee per individual event. Swimmers may swim a maximum of 4 individual events. Medals and/or ribbons will be given to all swimmers. See the team info board for more information or to sign-up.

We know this event is the weekend before divisionals and all-stars but for those swimmers that may not be ready to compete in divisionals, this is a great opportunity to experience swimming against several teams with swimmers your own age. The coaches really encourage you to sign-up if you are 9 years old or younger and want to have a great time!!!

9 PICTURES 6 pm SHARP! Practice if time	10 Hammer: 6:15-7:30 Sandshark: 6:30-7:30 GW: 6:00-8:00
11 Nurse: 6:00-7:00 Tiger: 6:15-7:45 Mako: 6:00-8:00 GW: 6:00-8:00	12 Hammer: 6:15-7:30 Sandshark: 6:30-7:30 GW: 6:00-8:00
13 Nurse/Sand: 6:30 Hammer/Tiger: 6:15 Mako/GW: 6:00 All end @ 8:00 pm.	14 Carlisle Y @ SMSC 9:00 am

THANK YOU TO
ALL THE PARENTS WHO
ATTENDED
FRIDAY'S PARENTS MEETING!

Movin' Up

The following swimmers should start practicing with their new groups as of Monday, January 9th. Any questions please see a coach or an officer.


Jordana Johnson
Hammerhead B



Dates to Remember

- January 9** – Team pictures 6:00 pm
- January 14** – Carlisle Y home 9 am
- January 15** – Snowflake Splash Inv.
- January 17** – No Practice
- January 21** – Big Spring home 9 am
- January 28** - Optional practice 9-11 am

Raffle Tickets on Sale Now!

Raffle tickets are still available on the deck during practice. The cost is \$1.00 per ticket and  **all**

proceeds will be given to our club. The drawing will be held at our last league meet in February. Please make sure the bottom portion is filled out and returned with payment to an officer or coach before the end of the season.

Very Important Information

Lots of information available at:
<http://business.planetcable.net/smsc>

Trying to reach a coach?

Coach Nick

448-4362

millersmsc@yahoo.com

Coach April

448-4267

ThreeBeez@comcast.net

Let's give it our all at practice this week!

Rival meet on Saturday.

The harder you train, the better your
results!