

SMSC Sharkwave Newsletter
Website: <http://business.planetcable.net/smsc/>
December 11, 2006

Congratulations SMSC on your first dual meet of the season!! The final score was SMSC 623 and Sea Lions 392. There were 169 improved/new times and those will be posted for you to look at this week. Keep up the hard work.

Note from Coach Victor

Thanks to all the great volunteers who made this meet the success that it was, could not have done it with out you all. Good job coaches. Great job swimmers! Everyone did really well! Okay now its back to work so that we fix what needs fixing and work on going even faster. We have another meet this Saturday!

Calendar Correction: Due to a scheduling conflict, the Parents Meeting will be Thursday at 6 PM not on Wednesday as indicated. Sorry for any inconvenience.

Practice times this week are a little different due to high school meets please check your practice times!!! No Practice Tuesday!!!

Sand sharks: Th 6-7 PM

Hammerheads and Tiger Sharks: M/W/F 6-7 PM

Makos: M/W/Th/F 6-8 PM

Great Whites: M/W/Th/F 6-8 PM.

Make up time for those Hammerheads and Tigers that may miss a night is: Thursday

If you have any questions about the practice schedule or group assignments, please feel free to ask a member of the coaching staff. Please note that high school swim meets have started and affect some practice times. Refer to the calendar for practice times.

Again, we would like to remind all of our swimmers that they should bring a hat and jacket to wear outside after practice. Now that the weather is getting colder, we want to minimize the illnesses on the team

Announcements:

Meet Sign up for Waynesboro Meet: The sign up sheet for the Waynesboro meet on Dec 16th will be posted on deck. Please sign up by **Wednesday** so the coaches know who will be swimming to make the lineup. It is important to indicate either yes or no for each meet so that everyone gets placed in the lineup. If you can not get to the pool by Wed, please let me know and I will mark it appropriately.

Waynesboro Waves at SMSC this Sat:

We have another dual meet this Saturday at home vs Waynesboro YMCA. SMSC will warm up at 8AM and Waynesboro at 8:30 AM with the meet to start at 9 AM. Please try to arrive by 7:50 AM so you have time to get situated before warmups.

It is recommended that all swimmers bring an extra towel or blanket to sit on between events and sweats to stay warm when not in the water. With the size of the teams, some swimmers will be in the hallway outside the pool so please remember the warm clothing. We expect the swimmers to stay in the teams' assigned area during the meet. Also, swimmers are not to leave the meet without checking with the coaches. This is important as sometimes swimmers are needed for relay events. Spectators should sit in the observation area upstairs as all the on deck seating is needed for swimmers. The coaches have shared with the swimmers the expectations for meet behavior and we expect everyone to display good sportsmanship and to try their best. If you have additional questions about meets and what to expect, please feel free to ask at the pool this week or email me your questions.

Meet Director

Lisa Webber would like to thank all the parents who helped at last week's meet and will be looking for parents to help with the meet on Dec 16th, so if you have a preference please contact her to sign up. If anyone has questions regarding volunteering at the meets, please feel free to contact Lisa at ltwebber@earthlink.net or 249-9028.

Parent Volunteers are essential for running these meets so please come out and help.

Holiday Merchandise Sale

During this week, we will be setting up a table upstairs on different nights for anyone interested in purchasing SMSC teamwear or swimming accessories for the holidays for their swimmers. Please stop by and check out the selection.

Committee Reports

Concession Stand: The concession stand was a huge success for the team this past weekend, however we did run out of some items and some parents did not bring what they had signed up for. If you have questions or forgot what you signed up for, please contact Barb at j_bbrinton@pa.net. The concessions committee has asked that people bring items Friday night if possible so that they can prepare more smoothly on Saturday mornings. A big thank you to the concession committee for their hard work.

Fund Raising: The 50/50 from the first meet was over \$80. Congratulations to Cindy Hudgins for having the winning ticket.

Divisionals: Next committee meeting Monday Dec 11th. If you have any questions, please email George at threedolans@earthlink.net or see him at practice. More divisionals info will be available soon.

Team Pictures: Team pictures are scheduled for January 4th at 7 PM. There is a high school meet that night so there will be no practice only team photos. Information on pricing and order forms will be available at the pool in coming weeks.

SMSC Holiday Party: On Thursday Dec 21 from 6-8 PM, SMSC will have a holiday celebration at the pool. There will be a sign up sheet posted in the coming days to indicate if you plan to attend and how many will be coming. Parents and siblings are invited. SMSC Parents Association will provide pizza and we ask that everyone sign up for a snack or drink item when signing up. There will be some fun and games in the pool followed with the snacks. If you have any questions, please let us know.

Locker Room Precautions:

The locker rooms can not always be monitored by parents and coaches, so we ask that you remind your swimmers of proper locker room etiquette. Horseplay will not be tolerated in the locker rooms. Swimmers are encouraged not to share personal items such as towels, brushes etc. If swimmers forget towels, they can ask for one from the school stockpile instead of sharing. Swimmers should check to be sure they have their caps, goggles, etc before leaving. Items left behind are placed in the lost and found if located by a member of the coaching staff.

We have had several instances of the showers being left on by the last ones to use them. Please turn of the showers when you are done. Matt Brenner has asked that in the boys shower, we try not to use the shower(s) that points at the shower entrance. Due to the changes in the shower entrance, water is getting out of the shower area and pooling in the hallway. This is creating a hazard. Thanks for your help with this.

As always, if you have any questions, concerns, etc, please feel free to contact myself or any board member and we will be glad to help.