

SMSC Sharkwave Newsletter
Website: <http://business.planetcable.net/smsc/>
December 3, 2006

Practice times this week are a little different due to high school meets please check your practice times!!!

Sand sharks: Tu/Th 7-8 PM

Hammerheads and Tiger Sharks: M/W/F 6-7 PM

Makos: M/W/F 6-8 PM

Great Whites: M/W/F 6-8 PM.

Make up time for those Hammerheads and Tigers that may miss a night is:
Hammerheads and Tigers Thursday 7-8

If you have any questions about the practice schedule or group assignments, please feel free to ask a member of the coaching staff. Please note that high school swim meets have started and affect some practice times. Refer to the calendar for practice times.

Coach Sara would like to remind all of our swimmers that they should bring a hat and jacket to wear outside after practice. Now that the weather is getting colder, we want to minimize the illnesses on the team

Announcements:

Meet Sign up for Sea Lions Meet: The sign up sheet for the Sea Lions meet on Dec 9th has been posted on deck. Please sign up by Wednesday so the coaches know who will be swimming to make the lineup. It is important to indicate either yes or no for each meet so that everyone gets placed in the lineup.

Sea Lions Meet at SMSC this Sat:

Our first dual meet of the season is this Saturday at home vs the Sea Lions. SMSC will warm up at 8AM and the Sea Lions at 8:30 AM with the meet to start at 9 AM. Please try to arrive by 7:50 AM so you have time to get situated before warmups.

It is recommended that all swimmers bring an extra towel or blanket to sit on between events and sweats to stay warm when not in the water. With the size of the teams, some swimmers will be in the hallway outside the pool so please remember the warm clothing. We expect the swimmers to stay in the teams' assigned area during the meet. Also, swimmers are not to leave the meet without checking with the coaches. This is important as sometimes swimmers are needed for relay events. Spectators should sit in the observation area upstairs as all the on deck seating is needed for swimmers. The coaches have shared with the swimmers the expectations for meet behavior and we expect everyone to display good sportsmanship and to try their best. If you have additional questions about meets and what to expect, please feel free to ask at the pool this week or email me your questions.

Meet Director

Lisa Webber will be looking for parents to help with the meet on Dec 9th, so if you have a preference please contact her to sign up. If anyone has questions regarding volunteering at the meets, please feel free to contact Lisa at ltwebber@earthlink.net or 249-9028.

Parent Volunteers are essential for running these meets so please come out and help.

Team Suits:

Team suits have been distributed there are about 6 that have not been picked up. Please see an officer at the pool this week to pick up if one of these is yours.

Team Caps:

Team caps should arrive this week and are \$10. Look for them at the pool.

Holiday Merchandise Sale

During the next two weeks, we will be setting up a table upstairs on different nights for anyone interested in purchasing SMSC teamwear or swimming accessories for the holidays for their swimmers. Please stop by and check out the selection.

Committee Reports

Concession Stand: This Saturday will also be our first concession stand of the season. Please bring the item(s) you signed up for. If you have questions or forget what you signed up for, please contact Barb at j_bbrinton@pa.net. If you signed up for one of the items that is for the whole season, you may start bringing them to the pool starting December 4th. Other items should be brought the morning of the meets if possible.

Fund Raising: Look for additional information in future newsletters.

Divisionals: George Dolan has formed a divisional meet committee and the first meeting will be this Thursday. George will be contacting committee members. If you have any questions, please email George at threedolans@earthlink.net or see him at practice. More divisionals info will be available soon.

Team Pictures: Team pictures are scheduled for January 4th at 7 PM. There is a high school meet that night so there will be no practice only team photos. Information on pricing and order forms will be available at the pool in coming weeks.

Locker Room Precautions:

The locker rooms can not always be monitored by parents and coaches, so we ask that you remind your swimmers of proper locker room etiquette. Horseplay will not be tolerated in the locker rooms. Swimmers are encouraged not to share personal items such as towels, brushes etc. If swimmers forget towels, they can ask for one from the school stockpile instead of sharing. Swimmers should check to be sure they have their caps,

goggles, etc before leaving. Items left behind are placed in the lost and found if located by a member of the coaching staff.

We have had several instances of the showers being left on by the last ones to use them. Please turn of the showers when you are done. Matt Brenner has asked that in the boys shower, we try not to use the shower(s) that points at the shower entrance. Due to the changes in the shower entrance, water is getting out of the shower area and pooling in the hallway. This is creating a hazard. Thanks for your help with this.

As always, if you have any questions, concerns, etc, please feel free to contact myself or any board member and we will be glad to help.