

CENTRAL PENN AQUATIC LEAGUE DIVISION CHAMPIONSHIP

Hosted by South Middleton Swim Club

Here we go again.....

Please review the information enclosed in this packet to enable us to prepare for this championship meet.

We request the following forms be completed and returned as follows:

1. **T-Shirt Order Forms must be returned with payment by February 13, 2010**

to: Tina Otto
724 W. Pine Street
Mt. Holly Springs, PA 17065

2. All other forms in this packet should be returned by February 20, 2010 (team entries may not be accepted if forms are not received)
to: Dale Lay at dlay@att.com

If there are any concerns or questions, please contact:
Dlay@att.com or DanaGossert@comcast.net

We are looking forward to seeing you at the meet.
Thank you for your attention to these matters.

Directions are available on our website:
<http://smcsharks.com>

General Information & Meet Schedule

Where: Boiling Springs High School Natatorium
When: February 27, 2010
Host: South Middleton Swim Club
Meet Director: Bill Gruntz and Lisa Webber

Warm-Up Times:

<u>Team</u>	<u>Morning</u>	<u>Lanes</u>	<u>Afternoon</u>
SMSC – South Middleton	8:00-8:25	1 and 2	*12:00-12:25
BSAC – Big Spring	8:00-8:25	3 and 4	*12:00-12:25
CYAA – Carlisle	8:00-8:25	5 and 6	*12:00-12:25
EPAC – East Pennsboro	8:25-8:50	1 and 2	*12:25-12:50
MASC – Mercersburg	8:25-8:50	3 and 4	*12:25-12:50
WAY – Waynesboro	8:25-8:50	5 and 6	*12:25-12:50

***Please have swimmers available ½ hour PRIOR to their scheduled warm-up times. With a smooth running morning session, we'll advance the afternoon session by ½ hour.**

Scratch Meeting: Morning Session: 8:30 a.m. in Graphic Arts Room
Afternoon Session: TBA (depending on length of morning events)

Start of Meet: 9:00 a.m. Morning Session 1 PM Afternoon Session (scheduled)

Admission Fee: \$2.00 Adults \$1.00 Students (under age 5 – free)
Registered Volunteers will be admitted free.

Programs: \$3.00 Each

Concessions: Food, Drink, Caps, Goggles will be available
Vendor: D & J Sports

Electronic Timing:

Please review the following with your swimmers:

- Hit the pads hard on the vertical (wall) portion.
The touchpads are not as sensitive on the top.
- Relay swimmers will have 15 seconds to exit the pool.
Swimmers are to exit on the left side of the lane.
- If pads and back-up malfunction, stop watch times will be used.
The Head Referee will have the final decision.

General Rules:

- No smoking is allowed on school property. This includes the parking lots.
- Food is permitted only in the concession and gym area.
- Only coaches and event workers on the pool deck.
- Swimmers will not be allowed in the observation gallery. There will be video equipment set up which will allow swimmers to watch their teammates.
- No diving in the shallow end of the pool!

T I M E R S

Eight Timers are needed for each team (4 for each session). Teams are assigned to specific lanes for both sessions. It is up to your timers to work out a schedule of when to switch position, there will be no schedule break.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
<i>Morning Session</i>					
BSAC	CYAA	EPAC	SMSC	MASC	WAY
<i>Afternoon Session</i>					
BSAC	CYAA	EPAC	SMSC	MASC	WAY

Team Name: _____

A.M. Session

P.M. Session

Name: _____

Name: _____

Name: _____

Name: _____

Ribbon Writers

One (1) Ribbon Writer is needed for each team to assist in entering data and tagging ribbons with computer generated labels.

A.M. SESSION	P.M. SESSION
BSAC	WAY
CYAA	MASC
SMSC	EPAC

Team Name: _____

Ribbon Writer: _____

OFFICIALS

Each team will provide four (4) officials (2 per session), and assignments are specified below. Each team will also provide a representative for the Championship committee. This committee will be responsible for handling any discrepancies in rules interpretation arising during the meet. This representative can also function as an official.

AM SESSION

Turn (Lanes 1-3) – SMSC	Stroke 1 - CYAA	(Deep End, Lanes 1-3)
Turn (Lanes 4-6) – BSAC	Stroke 2 - BSAC	(Shallow End, Lanes 1-3)
	Stroke 3 - EPAC	(Deep End, Lanes 4-6)
	Stroke 4 - WAY	(Shallow End, Lanes 4-6)

PM SESSION

Turn (Lanes 1-3) WAY	Stroke 1 - EPAC	(Deep End, Lanes 1-3)
Turn (Lanes 4-6) MASC	Stroke 2 - SMSC	(Shallow End, Lanes 1-3)
	Stroke 3 - CYAA	(Deep End, Lanes 4-6)
	Stroke 4 - MASC	(Shallow End, Lanes 4-6)

Team Name: _____

A.M. Session

P.M. Session

Name: _____

Name: _____

Championship Committee Representative: _____

FINISH JUDGE

One (1) Finish Judge is needed for each team for each session.

Team Name: _____

AM Finish Judge: _____

PM Finish Judge: _____

Adult Supervision

Each team is required to have at least two (2) adults in charge of team discipline in the gym. Please note the following rules:

1. Keep the gym floor dry.
2. No food or drink in the gym.
3. No horseplay or games (football, basketball, etc.)
4. Everyone must stay off the bleachers.
5. Please sit in specified team areas.
6. Use locker rooms only for changing.

Team Name: _____

A.M. Session

P.M. Session

Name: _____

Name: _____

COACHES

We will provide free admission and a meal voucher for up to four (4) coaches from each team. Please provide the names of your coaches below so that they are admitted free to the meet.

Team Name: _____

Coach: _____

Coach: _____

Coach: _____

Coach: _____

2010 CPAL 2A Divisionals T-Shirt Order Form

The 2010 2A Divisionals T-Shirt will be **Royal Blue** with White Lettering. They are available for pre-order in short sleeve (\$12) and long sleeve (\$15). A limited supply of SHORT SLEEVE ONLY t-shirts will be available for purchase on February 27, 2010 at \$15 each.

DEADLINE FOR T-SHIRT ORDER IS
FEBRUARY 13, 2010.

Team Name: _____

Name of Person Picking Up Shirts: _____

Totals:

Short Sleeve

Small: _____
Medium: _____
Large: _____
X-Large: _____
2X-Large: _____

Long Sleeve

Small: _____
Medium: _____
Large: _____
X-Large: _____
2X-Large: _____

Total x \$12 = \$ _____

Total x \$15 = \$ _____

Total Due from Team by 2/13/2010: \$ _____

Please return to: Tina Otto
724 W. Pine Street
Mt. Holly Springs, PA 17065
(tlotto95@comcast.net)



